



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wolf, Nadine

Club: LuT Aschaffenburg

Number: 1191

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:03:40

Speed: 8.48 km/h

Running performance: 6:32 min/km

Rank in course/Total: 128 (of 163)

Rank in course/Women: 29 (of 48)

Best time in course: 40:28

Rank in category: 4(of 6)

Best time in the category: 51:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	21:01	6:28	4	4:12	32	7:53	3.25	21:01	6:28	4	4:12	7	0:07
Lap 2	3.25	21:12	6:31	4	3:56	26	7:39	6.50	42:13	6:29	4	8:08	7	
Last lap Finish	3.25	21:27	6:35	4	4:27	28	7:40	9.75	1:03:40	6:31	4	12:35	29	23:12