



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Trouerbach, Kim

Club: Arnhem

Number: 1171

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:04:34

Speed: 8.36 km/h

Running performance: 6:37 min/km

Rank in course/Total: 131 (of 163)

Rank in course/Women: 32 (of 48)

Best time in course: 40:28

Rank in category: 4(of 4)

Best time in the category: 47:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:54	6:25	4	6:10	30	7:46	3.25	20:54	6:25	4	6:10	1	-
Lap 2	3.25	22:08	6:48	4	5:58	31	8:35	6.50	43:02	6:37	4	12:08	10	
Last lap Finish	3.25	21:32	6:37	4	4:31	29	7:45	9.75	1:04:34	6:37	4	16:39	32	24:06