



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Möller, Thomas

Club: Neuhof

Number: 1119

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:05:31

Speed: 8.93 km/h

Running performance: 6:43 min/km

Rank in course/Total: 134 (of 163)

Rank in course/Men: 102 (of 115)

Best time in course: 34:41

Rank in category: 5(of 7)

Best time in the category: 41:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:16	6:51	5	8:26	104	11:04	3.25	22:16	6:51	5	8:26	101	11:04
Lap 2	3.25	21:52	6:43	5	7:57	101	10:09	6.50	44:08	6:47	5	16:23	101	21:08
Last lap Finish	3.25	21:23	6:34	5	7:50	98	9:59	9.75	1:05:31	6:43	5	24:13	102	30:50