



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wilhelm, Markus

Club: Die krassen Buben
Number: 1190

Course: 9.75 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:06:20

Speed: 8.14 km/h
Running performance: 6:48 min/km

Rank in course/Total: 136 (of 163)

Rank in course/Men: 103 (of 115)

Best time in course: 34:41

Rank in category: 24(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:42	6:59	26	9:45	109	11:30	3.25	22:42	6:59	5	7:49	103	11:30
Lap 2	3.25	22:14	6:50	25	8:21	105	10:31	6.50	44:56	6:54	5	14:46	103	21:56
Last lap Finish	3.25	21:24	6:35	21	7:30	99	10:00	9.75	1:06:20	6:48	24	25:36	103	31:39