



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Croon, Erik

Club: Ifi-aner

Number: 1021

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:06:34

Speed: 8.11 km/h

Running performance: 6:50 min/km

Rank in course/Total: 137 (of 163)

Rank in course/Men: 104 (of 115)

Best time in course: 34:41

Rank in category: 18(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:51	7:01	20	9:05	110	11:39	3.25	22:51	7:01	4	5:52	104	11:39
Lap 2	3.25	22:45	7:00	19	8:17	107	11:02	6.50	45:36	7:00	4	10:31	104	22:36
Last lap Finish	3.25	20:58	6:27	18	6:31	96	9:34	9.75	1:06:34	6:49	18	23:53	104	31:53