



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Seitz, Sven

Club: Die krassen Buben
Number: 1156

Course: 9.75 km
10 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:07:05

Speed: 8.05 km/h
Running performance: 6:53 min/km

Rank in course/Total: 140 (of 163)

Rank in course/Men: 107 (of 115)

Best time in course: 34:41

Rank in category: 15(of 15)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:26	6:54	15	8:47	106	11:14	3.25	22:26	6:54	15	8:47	107	11:14
Lap 2	3.25	22:23	6:53	15	7:53	106	10:40	6.50	44:49	6:53	15	16:38	107	21:49
Last lap Finish	3.25	22:16	6:51	15	7:56	104	10:52	9.75	1:07:05	6:52	15	24:34	107	32:24