



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Croon, Christiane

Club: Ifi-aner
Number: 1020

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:08:18

Speed: 8.57 km/h
Running performance: 7:01 min/km

Rank in course/Total: 142 (of 163)

Rank in course/Women: 34 (of 48)

Best time in course: 40:28

Rank in category: 7(of 9)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:51	7:01	8	6:16	37	9:43	3.25	22:51	7:01	7	6:16	12	1:57
Lap 2	3.25	22:47	7:00	7	6:08	33	9:14	6.50	45:38	7:01	7	12:24	12	0:50
Last lap Finish	3.25	22:40	6:58	7	5:36	34	8:53	9.75	1:08:18	7:00	7	18:00	34	27:50