



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Bieber, Katrin

Club: Die Schifferstädter
Number: 1007

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:09:38

Speed: 7.75 km/h
Running performance: 7:08 min/km

Rank in course/Total: 144 (of 163)

Rank in course/Women: 36 (of 48)

Best time in course: 40:28

Rank in category: 8(of 9)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:41	6:58	7	6:06	36	9:33	3.25	22:41	6:58	8	6:06	14	1:47
Lap 2	3.25	23:42	7:17	8	7:03	36	10:09	6.50	46:23	7:08	8	13:09	14	1:35
Last lap Finish	3.25	23:15	7:09	8	6:11	37	9:28	9.75	1:09:38	7:08	8	19:20	36	29:10