



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Degenhardt, Christian

Club: Die Schifferstädter

Number: 1022

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:09:39

Speed: 7.75 km/h

Running performance: 7:08 min/km

Rank in course/Total: 145 (of 163)

Rank in course/Men: 109 (of 115)

Best time in course: 34:41

Rank in category: 20(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:40	6:58	19	8:54	107	11:28	3.25	22:40	6:58	2	5:41	109	11:28
Lap 2	3.25	23:42	7:17	20	9:14	110	11:59	6.50	46:22	7:08	2	11:17	109	23:22
Last lap Finish	3.25	23:17	7:09	20	8:50	109	11:53	9.75	1:09:39	7:08	20	26:58	109	34:58