



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Lotz, Carsten**

Club: bad hersfeld

Number: 1099

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 42:37

Speed: 13.73 km/h

Running performance: 4:22 min/km

Rank in course/Total: 12 (of 163)

Rank in course/Men: 11 (of 115)

Best time in course: 34:41

Rank in category: 2(of 15)

Best time in the category: 42:31

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 13:41         | 4:12            | 2           | 0:02           | 9           | 2:29          | 3.25          | 13:41         | 4:12            | 2           | 0:02           | 8          | 2:29          |
| Lap 2           | 3.25        | 14:30         | 4:27            | 1           | -              | 11          | 2:47          | 6.50          | 28:11         | 4:20            | 1           | -              | 9          | 5:11          |
| Last lap Finish | 3.25        | 14:26         | 4:26            | 2           | 0:06           | 11          | 3:02          | 9.75          | 42:37         | 4:22            | 2           | 0:06           | 11         | 7:56          |