



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Degenhardt, Valentin

Club: Die Schifferstädter

Number: 1024

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:09:40

Speed: 7.75 km/h

Running performance: 7:09 min/km

Rank in course/Total: 147 (of 163)

Rank in course/Men: 110 (of 115)

Best time in course: 34:41

Rank in category: 5(of 5)

Best time in the category: 41:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:41	6:58	5	9:00	108	11:29	3.25	22:41	6:58	5	9:00	110	11:29
Lap 2	3.25	23:42	7:17	5	9:38	110	11:59	6.50	46:23	7:08	5	18:38	110	23:23
Last lap Finish	3.25	23:17	7:09	5	9:38	109	11:53	9.75	1:09:40	7:08	5	28:16	110	34:59