



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Preißing, Petra

Club: Neuwied

Number: 1134

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:44

Speed: 8.39 km/h

Running performance: 7:09 min/km

Rank in course/Total: 148 (of 163)

Rank in course/Women: 38 (of 48)

Best time in course: 40:28

Rank in category: 4(of 4)

Best time in the category: 45:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:33	7:14	4	8:29	42	10:25	3.25	23:33	7:14	4	8:29	16	2:39
Lap 2	3.25	23:29	7:13	4	8:19	35	9:56	6.50	47:02	7:14	4	16:48	16	2:14
Last lap Finish	3.25	22:42	6:59	4	7:19	35	8:55	9.75	1:09:44	7:09	4	24:07	38	29:16