



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Börder, Marion

Club: Team Halber Hai e.V.

Number: 1018

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:11:09

Speed: 7.59 km/h

Running performance: 7:18 min/km

Rank in course/Total: 150 (of 163)

Rank in course/Women: 39 (of 48)

Best time in course: 40:28

Rank in category: 9(of 9)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:59	7:04	9	6:24	39	9:51	3.25	22:59	7:04	9	6:24	17	2:05
Lap 2	3.25	23:56	7:21	9	7:17	39	10:23	6.50	46:55	7:13	9	13:41	17	2:07
Last lap Finish	3.25	24:14	7:27	9	7:10	40	10:27	9.75	1:11:09	7:17	9	20:51	39	30:41