



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Habedank, Nicole

Club: Böhlen
Number: 1059

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:14:13

Speed: 7.28 km/h
Running performance: 7:37 min/km

Rank in course/Total: 153 (of 163)

Rank in course/Women: 42 (of 48)

Best time in course: 40:28

Rank in category: 6(of 6)

Best time in the category: 51:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:52	7:02	5	6:03	38	9:44	3.25	22:52	7:02	6	6:03	20	1:58
Lap 2	3.25	25:11	7:44	6	7:55	42	11:38	6.50	48:03	7:23	6	13:58	20	3:15
Last lap Finish	3.25	26:10	8:03	6	9:10	43	12:23	9.75	1:14:13	7:36	6	23:08	42	33:45