



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Altmann, Thomas

Club: SV 06 Oetinghausen

Number: 1002

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 42:41

Speed: 12.65 km/h

Running performance: 4:23 min/km

Rank in course/Total: 13 (of 163)

Rank in course/Men: 12 (of 115)

Best time in course: 34:41

Rank in category: 1(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:46	4:14	1	-	12	2:34	3.25	13:46	4:14	11	-	12	2:34
Lap 2	3.25	14:28	4:27	1	-	10	2:45	6.50	28:14	4:20	11	-	12	5:14
Last lap Finish	3.25	14:27	4:26	1	-	12	3:03	9.75	42:41	4:22	1	-	12	8:00