



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Koch, Dominik

Club: TV Barchfeld/ RLV LG Süd

Number: 291

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:25:29

Speed: 15.97 km/h

Running performance: 3:46 min/km

Rank in course/Total: 1 (of 188)

Rank in course/Men: 1 (of 156)

Best time in course: 1:25:29

Rank in category: 1(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:34	3:33	1	-	1	-	3.25	11:34	3:33	16	-	2	-
Lap 2	3.25	12:17	3:46	1	-	1	-	6.50	23:51	3:40	16	-	2	-
Lap 3	3.25	12:19	3:47	1	-	1	-	9.75	36:10	3:42	16	-	2	-
Lap 4	3.25	12:19	3:47	1	-	1	-	13.00	48:29	3:43	16	-	1	-
Lap 5	3.25	12:18	3:47	1	-	1	-	16.25	1:00:47	3:44	16	-	1	-
Lap 6	3.25	12:25	3:49	1	-	1	-	19.50	1:13:12	3:45	16	-	1	-
Last lap Finish	3.25	12:17	3:46	1	-	1	-	22.75	1:25:29	3:45	1	-	1	-