



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Gertel, Christian

Club: Oberelbe-Marathon Verein

Number: 246

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:32:52

Speed: 14.70 km/h

Running performance: 4:05 min/km

Rank in course/Total: 4 (of 188)

Rank in course/Men: 4 (of 156)

Best time in course: 1:25:29

Rank in category: 3(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men	
Lap 1	3.25	11:55	3:39	3	0:21	4	0:21	3.25	11:55	3:39	29			6	
Lap 2	3.25	12:45	3:55	3	0:28	4	0:28	6.50	24:40	3:47	29			6	
Lap 3	3.25	13:07	4:02	3	0:48	4	0:48	9.75	37:47	3:52	29			6	
Lap 4	3.25	13:37	4:11	4	1:18	6	1:18	13.00	51:24	3:57	29			5	2:55
Lap 5	3.25	13:46	4:14	4	1:28	5	1:28	16.25	1:05:10	4:00	29			4	4:23
Lap 6	3.25	13:58	4:17	4	1:33	6	1:33	19.50	1:19:08	4:03	28			4	5:56
Last lap Finish	3.25	13:44	4:13	2	1:27	5	1:27	22.75	1:32:52	4:04	3	7:23		4	7:23