



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Hofmann, Jörg

Club: team-naunheim.de

Number: 275

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:43

Speed: 13.94 km/h

Running performance: 4:10 min/km

Rank in course/Total: 7 (of 188)

Rank in course/Men: 7 (of 156)

Best time in course: 1:25:29

Rank in category: 1(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:27	3:49	1	-	9	0:53	3.25	12:27	3:49	16	-	9	-
Lap 2	3.25	13:17	4:05	1	-	7	1:00	6.50	25:44	3:57	16	-	9	-
Lap 3	3.25	13:30	4:09	1	-	7	1:11	9.75	39:14	4:01	16	-	9	-
Lap 4	3.25	13:54	4:16	1	-	8	1:35	13.00	53:08	4:05	16	-	8	4:39
Lap 5	3.25	14:00	4:18	1	-	8	1:42	16.25	1:07:08	4:07	16	-	7	6:21
Lap 6	3.25	14:06	4:20	1	-	7	1:41	19.50	1:21:14	4:09	16	-	7	8:02
Last lap Finish	3.25	13:29	4:08	1	-	3	1:12	22.75	1:34:43	4:09	1	-	7	9:14