



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schwehla, Frank

Club: TV Bad Brückenau

Number: 365

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:40:10

Speed: 13.18 km/h

Running performance: 4:24 min/km

Rank in course/Total: 12 (of 188)

Rank in course/Men: 12 (of 156)

Best time in course: 1:25:29

Rank in category: 5(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	12:20	3:47	5	0:46	6	0:46	3.25	12:20	3:47	27			14	
Lap 2	3.25	13:32	4:09	6	1:15	11	1:15	6.50	25:52	3:58	27			14	
Lap 3	3.25	13:47	4:14	6	1:28	9	1:28	9.75	39:39	4:03	27			14	
Lap 4	3.25	13:43	4:13	5	1:24	7	1:24	13.00	53:22	4:06	27			13	4:53
Lap 5	3.25	14:16	4:23	5	1:58	12	1:58	16.25	1:07:38	4:09	27			12	6:51
Lap 6	3.25	16:41	5:08	10	4:16	50	4:16	19.50	1:24:19	4:19	26			12	11:07
Last lap Finish	3.25	15:51	4:52	10	3:34	41	3:34	22.75	1:40:10	4:24	5	14:41		12	14:41