



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Matalla, Gerd

Club: SV 1916 Beuna

Number: 316

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:42:18

Speed: 12.90 km/h

Running performance: 4:30 min/km

Rank in course/Total: 21 (of 188)

Rank in course/Men: 21 (of 156)

Best time in course: 1:25:29

Rank in category: 1(of 23)

Best time in the category: 1:42:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:22	4:06	1	-	15	1:48	3.25	13:22	4:06	23			23	
Lap 2	3.25	14:16	4:23	1	-	21	1:59	6.50	27:38	4:15	23			23	
Lap 3	3.25	14:27	4:26	1	-	20	2:08	9.75	42:05	4:18	23			23	
Lap 4	3.25	14:38	4:30	1	-	19	2:19	13.00	56:43	4:21	23			22	8:14
Lap 5	3.25	14:58	4:36	1	-	22	2:40	16.25	1:11:41	4:24	12			14	10:54
Lap 6	3.25	15:23	4:44	1	-	27	2:58	19.50	1:27:04	4:27	12			21	13:52
Last lap Finish	3.25	15:14	4:41	1	-	28	2:57	22.75	1:42:18	4:29	1	-		21	16:49