



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Zielasko, Peter

Club: Wertegemeinschaft Berg

Number: 409

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:43:52

Speed: 12.71 km/h

Running performance: 4:34 min/km

Rank in course/Total: 25 (of 188)

Rank in course/Men: 25 (of 156)

Best time in course: 1:25:29

Rank in category: 7(of 16)

Best time in the category: 1:29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:01	4:37	9	3:24	62	3:27	3.25	15:01	4:37	7	3:24	27		
Lap 2	3.25	14:59	4:36	9	2:27	46	2:42	6.50	30:00	4:36	7	5:51	27		
Lap 3	3.25	14:58	4:36	7	2:02	27	2:39	9.75	44:58	4:36	7	7:53	27		
Lap 4	3.25	15:10	4:39	8	2:01	31	2:51	13.00	1:00:08	4:37	7	9:54	26	11:39	
Lap 5	3.25	15:00	4:36	7	1:41	24	2:42	16.25	1:15:08	4:37	7	11:35	25	14:21	
Lap 6	3.25	14:35	4:29	5	1:21	15	2:10	19.50	1:29:43	4:36	7	12:56	25	16:31	
Last lap Finish	3.25	14:09	4:21	4	1:17	11	1:52	22.75	1:43:52	4:33	7	14:13	25	18:23	