



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Bender, Conrad**

Club: Fit fürs Feuer Mittelhessen

Number: 206

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 1:44:07

Speed: 12.68 km/h

Running performance: 4:35 min/km

Rank in course/Total: 28 (of 188)

Rank in course/Men: 28 (of 156)

Best time in course: 1:25:29

Rank in category: 3(of 14)

Best time in the category: 1:33:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:14	4:22	3	1:49	37	2:40	3.25	14:14	4:22	3	1:49	30		
Lap 2	3.25	14:57	4:35	4	2:06	42	2:40	6.50	29:11	4:29	3	3:55	30		
Lap 3	3.25	15:07	4:39	4	1:57	34	2:48	9.75	44:18	4:32	3	5:52	30		
Lap 4	3.25	14:55	4:35	3	1:19	26	2:36	13.00	59:13	4:33	3	7:11	29	10:44	
Lap 5	3.25	14:51	4:34	3	1:02	17	2:33	16.25	1:14:04	4:33	3	8:13	28	13:17	
Lap 6	3.25	15:20	4:43	3	1:24	25	2:55	19.50	1:29:24	4:35	3	9:37	28	16:12	
Last lap Finish	3.25	14:43	4:31	2	1:00	21	2:26	22.75	1:44:07	4:34	3	10:37	28	18:38	