



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Locherer, Christoph

Club: SV Birkenhard

Number: 309

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:10

Speed: 12.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 31 (of 188)

Rank in course/Men: 31 (of 156)

Best time in course: 1:25:29

Rank in category: 8(of 29)

Best time in the category: 1:34:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:54	4:35	14	2:27	56	3:20	3.25	14:54	4:35	23	0:17	33	
Lap 2	3.25	15:13	4:40	12	1:56	49	2:56	6.50	30:07	4:38	23	0:26	33	
Lap 3	3.25	15:00	4:36	8	1:30	29	2:41	9.75	45:07	4:37	23		33	
Lap 4	3.25	15:11	4:40	8	1:17	32	2:52	13.00	1:00:18	4:38	23		32	11:49
Lap 5	3.25	15:13	4:40	5	1:13	27	2:55	16.25	1:15:31	4:38	23		31	14:44
Lap 6	3.25	15:08	4:39	4	1:02	21	2:43	19.50	1:30:39	4:38	23		31	17:27
Last lap Finish	3.25	14:31	4:28	4	1:02	18	2:14	22.75	1:45:10	4:37	8	10:27	31	19:41