



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Banzer, Roland

Club: Katholische Laufjugend Arnstadt
Number: 204

Course: 22.75 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:46:38

Speed: 12.80 km/h
Running performance: 4:41 min/km

Rank in course/Total: 37 (of 188)

Rank in course/Men: 36 (of 156)

Best time in course: 1:25:29

Rank in category: 3(of 23)

Best time in the category: 1:42:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:16	4:23	5	0:54	40	2:42	3.25	14:16	4:23	21		38	
Lap 2	3.25	14:50	4:33	3	0:34	36	2:33	6.50	29:06	4:28	21		38	
Lap 3	3.25	15:14	4:41	3	0:47	41	2:55	9.75	44:20	4:32	21		38	
Lap 4	3.25	15:19	4:42	3	0:41	36	3:00	13.00	59:39	4:35	21		37	11:10
Lap 5	3.25	15:39	4:48	3	0:41	39	3:21	16.25	1:15:18	4:38	21		36	14:31
Lap 6	3.25	15:52	4:52	2	0:29	35	3:27	19.50	1:31:10	4:40	21		36	17:58
Last lap Finish	3.25	15:28	4:45	2	0:14	33	3:11	22.75	1:46:38	4:41	3	4:20	36	21:09