



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Zaunitzer, Bernd

Club: Duderstadt

Number: 404

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:47:23

Speed: 12.71 km/h

Running performance: 4:43 min/km

Rank in course/Total: 39 (of 188)

Rank in course/Men: 38 (of 156)

Best time in course: 1:25:29

Rank in category: 1(of 13)

Best time in the category: 1:47:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:48	4:14	1	-	27	2:14	3.25	13:48	4:14	1	-	40	
Lap 2	3.25	14:39	4:30	1	-	27	2:22	6.50	28:27	4:22	1	-	40	
Lap 3	3.25	15:09	4:39	1	-	36	2:50	9.75	43:36	4:28	1	-	40	
Lap 4	3.25	15:21	4:43	1	-	38	3:02	13.00	58:57	4:32	1	-	39	10:28
Lap 5	3.25	15:43	4:50	1	-	42	3:25	16.25	1:14:40	4:35	1	-	38	13:53
Lap 6	3.25	16:12	4:59	2	0:12	42	3:47	19.50	1:30:52	4:39	1	-	38	17:40
Last lap Finish	3.25	16:31	5:04	2	1:04	53	4:14	22.75	1:47:23	4:43	1	-	38	21:54