



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Dölfel, Reinhard

Club: TSV Burghaslach

Number: 227

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:47:27

Speed: 12.28 km/h

Running performance: 4:43 min/km

Rank in course/Total: 40 (of 188)

Rank in course/Men: 39 (of 156)

Best time in course: 1:25:29

Rank in category: 2(of 13)

Best time in the category: 1:47:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:30	4:27	2	0:42	45	2:56	3.25	14:30	4:27	2	0:42	41	
Lap 2	3.25	14:52	4:34	2	0:13	37	2:35	6.50	29:22	4:31	2	0:55	41	
Lap 3	3.25	15:15	4:41	2	0:06	42	2:56	9.75	44:37	4:34	2	1:01	41	
Lap 4	3.25	15:30	4:46	2	0:09	43	3:11	13.00	1:00:07	4:37	2	1:10	40	11:38
Lap 5	3.25	15:53	4:53	2	0:10	46	3:35	16.25	1:16:00	4:40	2	1:20	39	15:13
Lap 6	3.25	16:00	4:55	1	-	38	3:35	19.50	1:32:00	4:43	2	1:08	39	18:48
Last lap Finish	3.25	15:27	4:45	1	-	32	3:10	22.75	1:47:27	4:43	2	0:04	39	21:58