



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Möller, Manuel

Club: Nudelvergaser

Number: 323

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:48:14

Speed: 12.61 km/h

Running performance: 4:46 min/km

Rank in course/Total: 43 (of 188)

Rank in course/Men: 42 (of 156)

Best time in course: 1:25:29

Rank in category: 9(of 16)

Best time in the category: 1:29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:57	4:17	6	2:20	30	2:23	3.25	13:57	4:17	9	2:20	44		
Lap 2	3.25	14:39	4:30	6	2:07	27	2:22	6.50	28:36	4:24	9	4:27	44		
Lap 3	3.25	15:16	4:41	9	2:20	44	2:57	9.75	43:52	4:29	9	6:47	44		
Lap 4	3.25	14:48	4:33	6	1:39	22	2:29	13.00	58:40	4:30	9	8:26	43	10:11	
Lap 5	3.25	15:42	4:49	8	2:23	40	3:24	16.25	1:14:22	4:34	9	10:49	42	13:35	
Lap 6	3.25	16:32	5:05	8	3:18	46	4:07	19.50	1:30:54	4:39	9	14:07	42	17:42	
Last lap Finish	3.25	17:20	5:19	14	4:28	70	5:03	22.75	1:48:14	4:45	9	18:35	42	22:45	