



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Kynast, Hans-Joachim**

Club: Rennsteigbezwinger

Number: 297

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:49:55

Speed: 12.01 km/h

Running performance: 4:50 min/km

Rank in course/Total: 51 (of 188)

Rank in course/Men: 49 (of 156)

Best time in course: 1:25:29

Rank in category: 5(of 23)

Best time in the category: 1:42:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:48	4:14	3	0:26	27	2:14	3.25	13:48	4:14	19		40	
Lap 2	3.25	14:55	4:35	4	0:39	39	2:38	6.50	28:43	4:25	19		49	
Lap 3	3.25	15:53	4:53	5	1:26	57	3:34	9.75	44:36	4:34	19		49	
Lap 4	3.25	16:01	4:55	6	1:23	57	3:42	13.00	1:00:37	4:39	19		38	12:08
Lap 5	3.25	16:35	5:06	6	1:37	58	4:17	16.25	1:17:12	4:45	19		47	16:25
Lap 6	3.25	16:42	5:08	5	1:19	51	4:17	19.50	1:33:54	4:48	19		47	20:42
Last lap Finish	3.25	16:01	4:55	5	0:47	44	3:44	22.75	1:49:55	4:49	5	7:37	49	24:26