



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Salbert, Peter

Club: Ford FCSD

Number: 348

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:50:32

Speed: 11.94 km/h

Running performance: 4:52 min/km

Rank in course/Total: 53 (of 188)

Rank in course/Men: 51 (of 156)

Best time in course: 1:25:29

Rank in category: 12(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 14:22 | 4:25 | 10 | 1:55 | 43 | 2:48 | 3.25 | 14:22 | 4:25 | 20 | | | 31 | |
| Lap 2 | 3.25 | 14:56 | 4:35 | 9 | 1:39 | 41 | 2:39 | 6.50 | 29:18 | 4:30 | 19 | | | 51 | |
| Lap 3 | 3.25 | 15:13 | 4:40 | 10 | 1:43 | 40 | 2:54 | 9.75 | 44:31 | 4:33 | 20 | | | 51 | |
| Lap 4 | 3.25 | 15:43 | 4:50 | 12 | 1:49 | 50 | 3:24 | 13.00 | 1:00:14 | 4:38 | 20 | | | 50 | 11:45 |
| Lap 5 | 3.25 | 16:15 | 5:00 | 12 | 2:15 | 55 | 3:57 | 16.25 | 1:16:29 | 4:42 | 20 | | | 49 | 15:42 |
| Lap 6 | 3.25 | 16:53 | 5:11 | 11 | 2:47 | 56 | 4:28 | 19.50 | 1:33:22 | 4:47 | 20 | | | 49 | 20:10 |
| Last lap Finish | 3.25 | 17:10 | 5:16 | 14 | 3:41 | 65 | 4:53 | 22.75 | 1:50:32 | 4:51 | 12 | 15:49 | | 51 | 25:03 |