



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Salbert, Peter

Club: Ford FCSD

Number: 348

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:50:32

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 53 (of 188)

Rank in course/Men: 51 (of 156)

Best time in course: 1:25:29

Rank in category: 12(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:22	4:25	10	1:55	43	2:48	3.25	14:22	4:25	20			31	
Lap 2	3.25	14:56	4:35	9	1:39	41	2:39	6.50	29:18	4:30	19			51	
Lap 3	3.25	15:13	4:40	10	1:43	40	2:54	9.75	44:31	4:33	20			51	
Lap 4	3.25	15:43	4:50	12	1:49	50	3:24	13.00	1:00:14	4:38	20			50	11:45
Lap 5	3.25	16:15	5:00	12	2:15	55	3:57	16.25	1:16:29	4:42	20			49	15:42
Lap 6	3.25	16:53	5:11	11	2:47	56	4:28	19.50	1:33:22	4:47	20			49	20:10
Last lap Finish	3.25	17:10	5:16	14	3:41	65	4:53	22.75	1:50:32	4:51	12	15:49		51	25:03