



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schleenbäcker, Wolfgang

Club: Sportclup Fitalis
Number: 356

Course: 22.75 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:53:06

Speed: 12.07 km/h
Running performance: 4:58 min/km

Rank in course/Total: 60 (of 188)

Rank in course/Men: 58 (of 156)

Best time in course: 1:25:29

Rank in category: 6(of 23)

Best time in the category: 1:42:18

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:11	4:40	8	1:49	67	3:37	3.25	15:11	4:40	18		60	
Lap 2	3.25	15:57	4:54	8	1:41	63	3:40	6.50	31:08	4:47	18		60	
Lap 3	3.25	15:53	4:53	5	1:26	57	3:34	9.75	47:01	4:49	18		60	
Lap 4	3.25	15:52	4:52	5	1:14	53	3:33	13.00	1:02:53	4:50	18		59	14:24
Lap 5	3.25	16:27	5:03	5	1:29	57	4:09	16.25	1:19:20	4:52	18		58	18:33
Lap 6	3.25	16:42	5:08	5	1:19	51	4:17	19.50	1:36:02	4:55	18		58	22:50
Last lap Finish	3.25	17:04	5:15	7	1:50	63	4:47	22.75	1:53:06	4:58	6	10:48	58	27:37