



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Jüttner, Martin

Club: SV 06 Oetinghausen

Number: 1073

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 44:47

Speed: 13.06 km/h

Running performance: 4:35 min/km

Rank in course/Total: 21 (of 163)

Rank in course/Men: 20 (of 115)

Best time in course: 34:41

Rank in category: 3(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:46	4:32	4	1:49	24	3:34	3.25	14:46	4:32	26			18	3:34
Lap 2	3.25	15:01	4:37	3	1:08	15	3:18	6.50	29:47	4:34	26			18	6:47
Last lap Finish	3.25	15:00	4:36	3	1:06	17	3:36	9.75	44:47	4:35	3	4:03		20	10:06