



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Rupp, Wolfgang

Club: Neu Wulmstorf

Number: 345

Course: 22.75 km

Halbmarathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:54:28

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 62 (of 188)

Rank in course/Men: 60 (of 156)

Best time in course: 1:25:29

Rank in category: 2(of 3)

Best time in the category: 1:38:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:36	4:29	2	0:47	50	3:02	3.25	14:36	4:29	2	0:47	62		
Lap 2	3.25	15:19	4:42	2	1:16	53	3:02	6.50	29:55	4:36	2	2:03	62		
Lap 3	3.25	15:50	4:52	2	1:57	56	3:31	9.75	45:45	4:41	2	4:00	62		
Lap 4	3.25	16:21	5:01	2	2:10	63	4:02	13.00	1:02:06	4:46	2	6:10	61	13:37	
Lap 5	3.25	17:01	5:14	2	2:46	65	4:43	16.25	1:19:07	4:52	2	8:56	60	18:20	
Lap 6	3.25	17:37	5:25	2	3:16	75	5:12	19.50	1:36:44	4:57	2	12:12	60	23:32	
Last lap Finish	3.25	17:44	5:27	2	3:30	76	5:27	22.75	1:54:28	5:01	2	15:42	60	28:59	