



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Vossmerbäumer, Ingo

Club: Halle Westfalen

Number: 287

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:55:47

Speed: 11.40 km/h

Running performance: 5:05 min/km

Rank in course/Total: 66 (of 188)

Rank in course/Men: 63 (of 156)

Best time in course: 1:25:29

Rank in category: 15(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:37	4:29	12	2:10	51	3:03	3.25	14:37	4:29	1	-	65	
Lap 2	3.25	15:04	4:38	11	1:47	47	2:47	6.50	29:41	4:33	1	-	65	
Lap 3	3.25	15:28	4:45	14	1:58	51	3:09	9.75	45:09	4:37	1	-	65	
Lap 4	3.25	16:06	4:57	15	2:12	61	3:47	13.00	1:01:15	4:42	1	-	64	12:46
Lap 5	3.25	17:08	5:16	16	3:08	69	4:50	16.25	1:18:23	4:49	1	-	63	17:36
Lap 6	3.25	18:18	5:37	20	4:12	87	5:53	19.50	1:36:41	4:57	1	-	62	23:29
Last lap Finish	3.25	19:06	5:52	21	5:37	97	6:49	22.75	1:55:47	5:05	15	21:04	63	30:18