



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Lauterbach, Cordula

Club: SGB Stadtsteinach

Number: 299

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 1:56:06

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 69 (of 188)

Rank in course/Women: 4 (of 32)

Best time in course: 1:46:31

Rank in category: 1(of 5)

Best time in the category: 1:56:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:45	4:50	1	-	5	1:52	3.25	15:45	4:50	1	-	28	
Lap 2	3.25	16:18	5:00	1	-	3	1:32	6.50	32:03	4:55	1	-	28	
Lap 3	3.25	16:08	4:57	1	-	3	1:04	9.75	48:11	4:56	1	-	28	
Lap 4	3.25	16:23	5:02	1	-	4	0:45	13.00	1:04:34	4:58	1	-	28	
Lap 5	3.25	16:58	5:13	1	-	4	1:15	16.25	1:21:32	5:01	1	-	28	
Lap 6	3.25	17:19	5:19	1	-	5	1:26	19.50	1:38:51	5:04	1	-	28	
Last lap Finish	3.25	17:15	5:18	1	-	4	2:08	22.75	1:56:06	5:06	1	-	4	9:35