



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schindler, Michael

Club: TV Helmbrechts

Number: 116

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:56:07

Speed: 11.37 km/h

Running performance: 5:06 min/km

Rank in course/Total: 70 (of 188)

Rank in course/Men: 66 (of 156)

Best time in course: 1:25:29

Rank in category: 16(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:09	4:21	8	1:42	35	2:35	3.25	14:09	4:21	15			36	
Lap 2	3.25	16:07	4:57	16	2:50	67	3:50	6.50	30:16	4:39	15	0:35		39	
Lap 3	3.25	17:44	5:27	22	4:14	98	5:25	9.75	48:00	4:55	15	2:51		68	
Lap 4	3.25	16:33	5:05	16	2:39	64	4:14	13.00	1:04:33	4:57	15	3:18		67	16:04
Lap 5	3.25	16:58	5:13	15	2:58	64	4:40	16.25	1:21:31	5:00	15	3:08		66	20:44
Lap 6	3.25	17:10	5:16	13	3:04	63	4:45	19.50	1:38:41	5:03	15	2:00		66	25:29
Last lap Finish	3.25	17:26	5:21	16	3:57	71	5:09	22.75	1:56:07	5:06	16	21:24		66	30:38