



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Schindler, Michael**

Club: TV Helmbrechts

Number: 116

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:56:07

Speed: 11.37 km/h

Running performance: 5:06 min/km

Rank in course/Total: 70 (of 188)

Rank in course/Men: 66 (of 156)

Best time in course: 1:25:29

Rank in category: 16(of 29)

Best time in the category: 1:34:43

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total ranking |            |              |          |             |         |            |       |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|-------|
|                 |          |            |              |          |             | Pos Men     | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |       |
| Lap 1           | 3.25     | 14:09      | 4:21         | 8        | 1:42        | 35          | 2:35       | 3.25          | 14:09      | 4:21         | 15       |             |         | 36         |       |
| Lap 2           | 3.25     | 16:07      | 4:57         | 16       | 2:50        | 67          | 3:50       | 6.50          | 30:16      | 4:39         | 15       | 0:35        |         | 39         |       |
| Lap 3           | 3.25     | 17:44      | 5:27         | 22       | 4:14        | 98          | 5:25       | 9.75          | 48:00      | 4:55         | 15       | 2:51        |         | 68         |       |
| Lap 4           | 3.25     | 16:33      | 5:05         | 16       | 2:39        | 64          | 4:14       | 13.00         | 1:04:33    | 4:57         | 15       | 3:18        |         | 67         | 16:04 |
| Lap 5           | 3.25     | 16:58      | 5:13         | 15       | 2:58        | 64          | 4:40       | 16.25         | 1:21:31    | 5:00         | 15       | 3:08        |         | 66         | 20:44 |
| Lap 6           | 3.25     | 17:10      | 5:16         | 13       | 3:04        | 63          | 4:45       | 19.50         | 1:38:41    | 5:03         | 15       | 2:00        |         | 66         | 25:29 |
| Last lap Finish | 3.25     | 17:26      | 5:21         | 16       | 3:57        | 71          | 5:09       | 22.75         | 1:56:07    | 5:06         | 16       | 21:24       |         | 66         | 30:38 |