



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Henopp, Thomas**

Club: team-naunheim.de

Number: 272

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:57:25

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 76 (of 188)

Rank in course/Men: 72 (of 156)

Best time in course: 1:25:29

Rank in category: 8(of 23)

Best time in the category: 1:42:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:30	4:46	9	2:08	74	3:56	3.25	15:30	4:46	16		74	
Lap 2	3.25	16:07	4:57	9	1:51	67	3:50	6.50	31:37	4:51	16		74	
Lap 3	3.25	16:36	5:06	9	2:09	71	4:17	9.75	48:13	4:56	16		74	
Lap 4	3.25	16:54	5:11	9	2:16	72	4:35	13.00	1:05:07	5:00	16		74	16:38
Lap 5	3.25	17:12	5:17	8	2:14	71	4:54	16.25	1:22:19	5:03	16		73	21:32
Lap 6	3.25	17:31	5:23	8	2:08	73	5:06	19.50	1:39:50	5:07	16		71	26:38
Last lap Finish	3.25	17:35	5:24	8	2:21	73	5:18	22.75	1:57:25	5:09	8	15:07	72	31:56