



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Bretfeld, Steffen

Club: VfB IMO Merseburg

Number: 213

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:58:31

Speed: 11.14 km/h

Running performance: 5:13 min/km

Rank in course/Total: 79 (of 188)

Rank in course/Men: 75 (of 156)

Best time in course: 1:25:29

Rank in category: 16(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:33	5:05	19	4:59	99	4:59	3.25	16:33	5:05	15	1:11	78		
Lap 2	3.25	16:44	5:08	18	4:27	88	4:27	6.50	33:17	5:07	15	1:48	72		
Lap 3	3.25	16:48	5:10	17	4:29	78	4:29	9.75	50:05	5:08	15	1:49	78		
Lap 4	3.25	16:55	5:12	15	4:36	74	4:36	13.00	1:07:00	5:09	15	1:48	77	18:31	
Lap 5	3.25	17:01	5:14	14	4:43	65	4:43	16.25	1:24:01	5:10	15	1:11	76	23:14	
Lap 6	3.25	17:32	5:23	16	5:07	74	5:07	19.50	1:41:33	5:12	15	1:02	75	28:21	
Last lap Finish	3.25	16:58	5:13	14	4:41	61	4:41	22.75	1:58:31	5:12	16	33:02	75	33:02	