



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Dr. Katzmann, Stefan

Club: Wolfsburg-Unkeroda

Number: 1029

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 44:38

Speed: 12.10 km/h

Running performance: 4:35 min/km

Rank in course/Total: 20 (of 163)

Rank in course/Men: 18 (of 115)

Best time in course: 34:41

Rank in category: 3(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:42	4:31	3	0:56	22	3:30	3.25	14:42	4:31	18			21	3:30
Lap 2	3.25	15:04	4:38	4	0:36	19	3:21	6.50	29:46	4:34	18			21	6:46
Last lap Finish	3.25	14:52	4:34	3	0:25	15	3:28	9.75	44:38	4:34	3	1:57		18	9:57