



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Küster, Torsten

Club: SG Spergau

Number: 294

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:00:36

Speed: 11.32 km/h

Running performance: 5:18 min/km

Rank in course/Total: 84 (of 188)

Rank in course/Men: 80 (of 156)

Best time in course: 1:25:29

Rank in category: 19(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:58	4:36	15	2:31	61	3:24	3.25	14:58	4:36	12	0:21	83	
Lap 2	3.25	16:30	5:04	20	3:13	81	4:13	6.50	31:28	4:50	12	1:47	83	
Lap 3	3.25	16:46	5:09	18	3:16	76	4:27	9.75	48:14	4:56	12	3:05	83	
Lap 4	3.25	17:25	5:21	20	3:31	86	5:06	13.00	1:05:39	5:03	12	4:24	82	17:10
Lap 5	3.25	17:36	5:24	18	3:36	78	5:18	16.25	1:23:15	5:07	12	4:52	81	22:28
Lap 6	3.25	18:26	5:40	21	4:20	90	6:01	19.50	1:41:41	5:12	12	5:00	80	28:29
Last lap Finish	3.25	18:55	5:49	20	5:26	96	6:38	22.75	2:00:36	5:18	19	25:53	80	35:07