



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kurth, Frank

Club: Die Süßen See Läufer

Number: 295

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:01:10

Speed: 10.89 km/h

Running performance: 5:20 min/km

Rank in course/Total: 88 (of 188)

Rank in course/Men: 83 (of 156)

Best time in course: 1:25:29

Rank in category: 11(of 23)

Best time in the category: 1:42:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:23	5:02	13	3:01	92	4:49	3.25	16:23	5:02	1	-	46	
Lap 2	3.25	17:05	5:15	13	2:49	95	4:48	6.50	33:28	5:08	1	-	86	
Lap 3	3.25	17:13	5:17	11	2:46	83	4:54	9.75	50:41	5:11	1	-	86	
Lap 4	3.25	17:29	5:22	11	2:51	87	5:10	13.00	1:08:10	5:14	1	-	85	19:41
Lap 5	3.25	17:36	5:24	9	2:38	78	5:18	16.25	1:25:46	5:16	13		84	24:59
Lap 6	3.25	17:46	5:28	9	2:23	81	5:21	19.50	1:43:32	5:18	13		83	30:20
Last lap Finish	3.25	17:38	5:25	9	2:24	75	5:21	22.75	2:01:10	5:19	11	18:52	83	35:41