



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Hommel, Sören

Club: BELC 89 Frankfurt

Number: 277

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:01:40

Speed: 10.85 km/h

Running performance: 5:21 min/km

Rank in course/Total: 90 (of 188)

Rank in course/Men: 84 (of 156)

Best time in course: 1:25:29

Rank in category: 8(of 19)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:11	4:58	10	2:13	90	4:37	3.25	16:11	4:58	12	0:13	87		
Lap 2	3.25	16:26	5:03	9	2:07	78	4:09	6.50	32:37	5:01	12	0:04	87		
Lap 3	3.25	16:58	5:13	9	2:23	81	4:39	9.75	49:35	5:05	12		87		
Lap 4	3.25	19:34	6:01	16	5:01	131	7:15	13.00	1:09:09	5:19	12	4:57	86	20:40	
Lap 5	3.25	17:03	5:14	6	2:31	67	4:45	16.25	1:26:12	5:18	12	2:24	85	25:25	
Lap 6	3.25	17:38	5:25	7	2:56	76	5:13	19.50	1:43:50	5:19	12		84	30:38	
Last lap Finish	3.25	17:50	5:29	7	2:49	79	5:33	22.75	2:01:40	5:20	8	20:00	84	36:11	