



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Graff, Mario

Club: Katholische Laufjugend Arnstadt (KLA)
Number: 252

Course: 22.75 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:02:00

Speed: 11.19 km/h
Running performance: 5:22 min/km

Rank in course/Total: 92 (of 188)

Rank in course/Men: 86 (of 156)

Best time in course: 1:25:29

Rank in category: 13(of 16)

Best time in the category: 1:29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:59	5:31	12	6:22	125	6:25	3.25	17:59	5:31	12	6:22	88	
Lap 2	3.25	17:57	5:31	13	5:25	113	5:40	6.50	35:56	5:31	12	11:47	88	
Lap 3	3.25	17:26	5:21	12	4:30	90	5:07	9.75	53:22	5:28	12	16:17	88	
Lap 4	3.25	17:05	5:15	12	3:56	78	4:46	13.00	1:10:27	5:25	12	20:13	87	21:58
Lap 5	3.25	17:13	5:17	13	3:54	73	4:55	16.25	1:27:40	5:23	13	24:07	87	26:53
Lap 6	3.25	17:10	5:16	13	3:56	63	4:45	19.50	1:44:50	5:22	12	28:03	85	31:38
Last lap Finish	3.25	17:10	5:16	12	4:18	65	4:53	22.75	2:02:00	5:21	13	32:21	86	36:31