



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Jauer, Alexander

Club: Lokomotive Larry

Number: 280

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:02:51

Speed: 11.11 km/h

Running performance: 5:24 min/km

Rank in course/Total: 95 (of 188)

Rank in course/Men: 89 (of 156)

Best time in course: 1:25:29

Rank in category: 18(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:42	5:08	20	5:08	103	5:08	3.25	16:42	5:08	13	1:20	92		
Lap 2	3.25	16:43	5:08	17	4:26	85	4:26	6.50	33:25	5:08	13	1:56	92		
Lap 3	3.25	16:41	5:08	15	4:22	73	4:22	9.75	50:06	5:08	13	1:50	5		
Lap 4	3.25	16:58	5:13	17	4:39	76	4:39	13.00	1:07:04	5:09	13	1:52	91	18:35	
Lap 5	3.25	18:40	5:44	20	6:22	101	6:22	16.25	1:25:44	5:16	13	2:54	90	24:57	
Lap 6	3.25	18:56	5:49	20	6:31	99	6:31	19.50	1:44:40	5:22	13	4:09	89	31:28	
Last lap Finish	3.25	18:11	5:35	18	5:54	88	5:54	22.75	2:02:51	5:23	18	37:22	89	37:22	