



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Jauer, Alexander

Club: Lokomotive Larry

Number: 280

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:02:51

Speed: 10.74 km/h

Running performance: 5:24 min/km

Rank in course/Total: 95 (of 188)

Rank in course/Men: 89 (of 156)

Best time in course: 1:25:29

Rank in category: 18(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 16:42 | 5:08 | 20 | 5:08 | 103 | 5:08 | 3.25 | 16:42 | 5:08 | 13 | 1:20 | 92 | | |
| Lap 2 | 3.25 | 16:43 | 5:08 | 17 | 4:26 | 85 | 4:26 | 6.50 | 33:25 | 5:08 | 13 | 1:56 | 92 | | |
| Lap 3 | 3.25 | 16:41 | 5:08 | 15 | 4:22 | 73 | 4:22 | 9.75 | 50:06 | 5:08 | 13 | 1:50 | 5 | | |
| Lap 4 | 3.25 | 16:58 | 5:13 | 17 | 4:39 | 76 | 4:39 | 13.00 | 1:07:04 | 5:09 | 13 | 1:52 | 91 | 18:35 | |
| Lap 5 | 3.25 | 18:40 | 5:44 | 20 | 6:22 | 101 | 6:22 | 16.25 | 1:25:44 | 5:16 | 13 | 2:54 | 90 | 24:57 | |
| Lap 6 | 3.25 | 18:56 | 5:49 | 20 | 6:31 | 99 | 6:31 | 19.50 | 1:44:40 | 5:22 | 13 | 4:09 | 89 | 31:28 | |
| Last lap Finish | 3.25 | 18:11 | 5:35 | 18 | 5:54 | 88 | 5:54 | 22.75 | 2:02:51 | 5:23 | 18 | 37:22 | 89 | 37:22 | |