



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kasemir, Alexandra

Club: SG Marzahn

Number: 286

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:03:30

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 96 (of 188)

Rank in course/Women: 7 (of 32)

Best time in course: 1:46:31

Rank in category: 2(of 5)

Best time in the category: 1:56:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:53	4:53	3	0:08	7	2:00	3.25	15:53	4:53	2	0:08	24		
Lap 2	3.25	16:30	5:04	2	0:12	5	1:44	6.50	32:23	4:58	2	0:20	24		
Lap 3	3.25	17:19	5:19	2	1:11	7	2:15	9.75	49:42	5:05	2	1:31	24		
Lap 4	3.25	17:48	5:28	3	1:25	10	2:10	13.00	1:07:30	5:11	2	2:56	24		
Lap 5	3.25	18:22	5:39	3	1:24	15	2:39	16.25	1:25:52	5:17	2	4:20	24		
Lap 6	3.25	19:01	5:51	3	1:42	15	3:08	19.50	1:44:53	5:22	2	6:02	24		
Last lap Finish	3.25	18:37	5:43	3	1:22	14	3:30	22.75	2:03:30	5:25	2	7:24	7	16:59	