



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Clauss, Gabi

Club: Oberelbe-Marathon Verein

Number: 221

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:03:30

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 97 (of 188)

Rank in course/Women: 7 (of 32)

Best time in course: 1:46:31

Rank in category: 2(of 4)

Best time in the category: 2:00:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:25	4:44	1	-	3	1:32	3.25	15:25	4:44	2				23
Lap 2	3.25	17:00	5:13	2	0:05	7	2:14	6.50	32:25	4:59	2				23
Lap 3	3.25	17:50	5:29	3	0:39	11	2:46	9.75	50:15	5:09	2	0:07			23
Lap 4	3.25	18:13	5:36	3	0:43	13	2:35	13.00	1:08:28	5:15	2	0:43			23
Lap 5	3.25	18:17	5:37	3	0:40	12	2:34	16.25	1:26:45	5:20	2	1:22			23
Lap 6	3.25	18:34	5:42	3	0:37	14	2:41	19.50	1:45:19	5:24	2	1:59			23
Last lap Finish	3.25	18:11	5:35	2	0:39	10	3:04	22.75	2:03:30	5:25	2	2:38	7		16:59