



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Dr. Grundmann, Sven

Club: Stuttgart

Number: 226

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:03:52

Speed: 11.02 km/h

Running performance: 5:26 min/km

Rank in course/Total: 98 (of 188)

Rank in course/Men: 90 (of 156)

Best time in course: 1:25:29

Rank in category: 10(of 19)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	14:32	4:28	3	0:34	47	2:58	3.25	14:32	4:28	10	-	93	-
Lap 2	3.25	15:36	4:47	4	1:17	57	3:19	6.50	30:08	4:38	10	-	93	-
Lap 3	3.25	16:24	5:02	7	1:49	66	4:05	9.75	46:32	4:46	10	-	93	-
Lap 4	3.25	17:40	5:26	10	3:07	91	5:21	13.00	1:04:12	4:56	1	-	92	15:43
Lap 5	3.25	19:36	6:01	13	5:04	119	7:18	16.25	1:23:48	5:09	1	-	91	23:01
Lap 6	3.25	20:04	6:10	14	5:22	117	7:39	19.50	1:43:52	5:19	1	-	90	30:40
Last lap Finish	3.25	20:00	6:09	13	4:59	105	7:43	22.75	2:03:52	5:26	10	22:12	90	38:23