



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schuler, Ingrid

Club: SV Birkenhard

Number: 361

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:04:37

Speed: 10.59 km/h

Running performance: 5:29 min/km

Rank in course/Total: 104 (of 188)

Rank in course/Women: 11 (of 32)

Best time in course: 1:46:31

Rank in category: 3(of 6)

Best time in the category: 1:55:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 17:14 | 5:18 | 4 | 1:14 | 14 | 3:21 | 3.25 | 17:14 | 5:18 | 3 | 1:14 | 20 | |
| Lap 2 | 3.25 | 17:11 | 5:17 | 3 | 0:51 | 11 | 2:25 | 6.50 | 34:25 | 5:17 | 3 | 2:05 | 20 | |
| Lap 3 | 3.25 | 17:59 | 5:31 | 3 | 1:40 | 12 | 2:55 | 9.75 | 52:24 | 5:22 | 3 | 3:45 | 20 | |
| Lap 4 | 3.25 | 18:27 | 5:40 | 4 | 2:08 | 15 | 2:49 | 13.00 | 1:10:51 | 5:26 | 3 | 5:53 | 20 | |
| Lap 5 | 3.25 | 18:03 | 5:33 | 3 | 1:21 | 10 | 2:20 | 16.25 | 1:28:54 | 5:28 | 3 | 7:14 | 20 | |
| Lap 6 | 3.25 | 18:01 | 5:32 | 3 | 1:13 | 8 | 2:08 | 19.50 | 1:46:55 | 5:28 | 3 | 8:27 | 20 | |
| Last lap Finish | 3.25 | 17:42 | 5:26 | 3 | 0:50 | 7 | 2:35 | 22.75 | 2:04:37 | 5:28 | 3 | 9:17 | 11 | 18:06 |