



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Usinger, Klaus

Club: Laufprojekt Gelnhausen

Number: 383

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:05:23

Speed: 10.53 km/h

Running performance: 5:31 min/km

Rank in course/Total: 110 (of 188)

Rank in course/Men: 99 (of 156)

Best time in course: 1:25:29

Rank in category: 5(of 8)

Best time in the category: 1:37:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:03	4:56	3	3:06	86	4:29	3.25	16:03	4:56	5	3:06	5		
Lap 2	3.25	16:49	5:10	4	3:21	90	4:32	6.50	32:52	5:03	5	6:27	5		
Lap 3	3.25	17:14	5:18	4	3:25	84	4:55	9.75	50:06	5:08	5	9:52	5		
Lap 4	3.25	17:51	5:29	5	3:51	94	5:32	13.00	1:07:57	5:13	5	13:43	100	19:28	
Lap 5	3.25	18:24	5:39	5	4:12	96	6:06	16.25	1:26:21	5:18	5	17:55	99	25:34	
Lap 6	3.25	19:15	5:55	5	4:50	103	6:50	19.50	1:45:36	5:24	5	22:45	98	32:24	
Last lap Finish	3.25	19:47	6:05	5	5:19	102	7:30	22.75	2:05:23	5:30	5	28:04	99	39:54	