



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Richter, Susanne

Club: Laufteam Gelnhausen

Number: 342

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:06:40

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 112 (of 188)

Rank in course/Women: 13 (of 32)

Best time in course: 1:46:31

Rank in category: 2(of 6)

Best time in the category: 1:46:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:36	5:24	3	3:43	15	3:43	3.25	17:36	5:24	3	1:12	18		
Lap 2	3.25	18:05	5:33	2	3:19	15	3:19	6.50	35:41	5:29	2	7:02	18		
Lap 3	3.25	18:07	5:34	2	3:03	13	3:03	9.75	53:48	5:31	2	10:05	18		
Lap 4	3.25	18:02	5:32	2	2:24	11	2:24	13.00	1:11:50	5:31	2	12:29	18	0:07	
Lap 5	3.25	18:05	5:33	2	2:22	11	2:22	16.25	1:29:55	5:31	2	14:51	18		
Lap 6	3.25	18:17	5:37	2	2:16	10	2:24	19.50	1:48:12	5:32	2	17:07	18		
Last lap Finish	3.25	18:28	5:40	3	3:02	12	3:21	22.75	2:06:40	5:34	2	20:09	13	20:09	