



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Görnert, Peter

Club: Fit fürs Feuer Mittelhessen

Number: 261

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:08:05

Speed: 10.31 km/h

Running performance: 5:38 min/km

Rank in course/Total: 119 (of 188)

Rank in course/Men: 105 (of 156)

Best time in course: 1:25:29

Rank in category: 22(of 30)

Best time in the category: 1:25:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:54	5:30	26	6:20	123	6:20	3.25	17:54	5:30	10	2:32	105	
Lap 2	3.25	18:01	5:32	24	5:44	119	5:44	6.50	35:55	5:31	10	4:26	105	
Lap 3	3.25	18:19	5:38	22	6:00	110	6:00	9.75	54:14	5:33	10	5:58	105	
Lap 4	3.25	18:23	5:39	22	6:04	106	6:04	13.00	1:12:37	5:35	10	7:25	96	24:08
Lap 5	3.25	18:01	5:32	18	5:43	89	5:43	16.25	1:30:38	5:34	10	7:48	103	29:51
Lap 6	3.25	18:35	5:43	19	6:10	93	6:10	19.50	1:49:13	5:36	10	8:42	102	36:01
Last lap Finish	3.25	18:52	5:48	20	6:35	94	6:35	22.75	2:08:05	5:37	22	42:36	105	42:36